Welcome to Issue #3 of the Cosmic Reality newsletter, sharing the unfolding Shungite Story: innovative products, news of Shungite Science, & the many miracles of Gaia's Gift!

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How to Make the Water of Life
The Science of Shungite-Energized Water

BY MICHAEL HENRY DUNN
(for Cosmic Reality)

Purify. Energize. Attenuate. These are the words tossed around when it comes to the proven ability of Shungite to cleanse and energize water with its legendary
healing dynamic. But how does this happen? The stories making the rounds on Shungite's amazing effects can leave one bewildered. As so often with this miraculous mineral, it turns out the energetic reality leaves conventional science in the dust. As *Cosmic Reality* founder Nancy Hopkins has found, we need to realize that the phenomenon of Shungite is both simpler and more profound than we could have imagined. We don't need huge handfuls of nuggets in our water pitchers, and we don't need to replace our Shungite every six months. It's not the rock - it's the energy.

It all comes down to energy.

Ordinary perspective will tell you that if something is "gunky" and it gets "purified," then the gunk has gone somewhere, and that a filtering device will need at some point to be "de-gunked." So we are told by well-meaning online sources that you will need to replace the Shungite nuggets in your water pitcher every six months, or that it will need to be "recharged," or that it takes 48 hours for the Shungite to "do its magic" and purify the water. Decades of conventional water-purification precedent backed this up - it seemed a common sense conclusion. But Shungite is anything but common. For the gunk does indeed go somewhere.

It might not be too much to say that it "goes back to God."

Or to "the Quantum Field." Take your pick. For the power of Shungite is found in its connection to that mysterious realm in which physicists state that some 90% of "all that is" resides. The unique Fullerene Molecule in Shungite appears to have a blend of supreme stability and rate and direction of spin which actually causes the molecules of toxins to disintegrate and apparently disappear. The constituent atoms have literally "returned to Source." And this high energy spreads well beyond the nugget into the space around it.

The electro-magnetic fields of what we call "toxins" have a bio-incompatible dynamic, or unhealthy spin. When the toxic molecules encounter the powerful life-enhancing spin and stability of the fullerene molecule in Shungite, they cannot retain their coherence and the constituent atoms are released back to the Quantum Field.

So just as the people who live near Shungite-purified lakes in the Karelia region of Russian have known for centuries, Shungite-energized water is not only of crystalline purity, but carries a powerful healing dynamic.

So all we need do, after all, is make use of this beautiful gift in the simple ways shown below, trusting in the energetic field to do its work!
The Shungite Energy Field can keep your water constantly energized and pure with the use of Shungite Nuggets. And you can add additional energization through the use of Shungite Bamboo Coasters made with Silver-Saturated Shungite Resin. Also available with additional Silver Orgone energy enhancement.

Here's one simple way to see the Shungite Field at work:

- Place three shungite nuggets in a bowl with no water in it.
- Then take two transparent flower vases and place freshly cut flowers in each one, with ordinary water in each vase.
- Place one vase next to the bowl of shungite nuggets, and the other about four feet away.

In a few days, the flowers in the vase next to the nuggets will be fresh-looking and the water clear. The other vase will have more wilted flowers in murky water.

The Shungite never touched the water! The energy works at a distance. And our experience at Cosmic Reality has shown that you don't need big handfuls of...
nuggets in your water pitcher - three will do (not too small, so you don't run the risk of swallowing them).

"Shungite’s unique and very large molecules called Fullerenes or Bucky Balls vibrate and emit an energy field that produces balance at the etheric level. Simple as that. With the etheric body balanced and strong, good health at the physical level results.

But because it is emitting the Life Energy Field, Shungite also balances the astral body (controlling emotions) and the mental energy body. That is why the most often heard effect of Shungite is that it makes people happy."

-- Nancy L. Hopkins

SHUNGITE SAVES THE BEES!

THE FIRST IN A VIDEO SERIES DOCUMENTING THE HEALING POWER OF SHUNGITE BEEHIVES

Watch Cosmic Reality co-founder Derek Condit transfer Italian Honeybees from a chemically-treated hive to a Shungite Hive in northern Washington state. We will keep you posted with video updates in the coming weeks as these hives expand and transform in the Shungite Field!

And be sure to enjoy this full 2 hour exploration of the Shungite Bees as Derek is joined by Nancy Hopkins on Cosmic Reality Radio
Tune in Tuesday afternoons at 12 noon ET, as Nancy Hopkins and Derek Condit share amazing information about the many aspects of the Shungite phenomenon. Have questions ready for a free-flow Q&A on our Chat Line with two of the most expert authorities in the field. Available on YouTube if you miss the live show.

Nancy Hopkins Reports on the Science of Shungite Water vs Shungite-Energized Water
How to purify, remove toxins and energize your water.

PROTECTING GAIA - JOIN US ON RADIO 5G LIVE
Shungite offers amazing protection against harmful 4G WiFi radiation - but not against the potentially deadly effects of 5G, which overwhelming evidence proves to be a threat to human health and to the biosphere of our planet. Join Nancy Hopkins and co-host Michael Henry Dunn on the newly launched RADIO 5G every Wednesday at 12 noon ET for the latest on how to stop this deadly roll-out. Radio 5G is a joint project of Cosmic Reality and The Sacred Academy of Geo-Energetics.

NEW ON RADIO 5G - STOPPING THE LETHAL ROLL-OUT WITH INTER-DIMENSIONAL HELP!
Cosmic Reality's Nancy L. Hopkins
joins Radio 5G co-host Michael Henry Dunn and eminent mystic and spiritual scientist Rev. Maia Nartoomid to explore how we can use metaphysical as well as 3D strategies to prevent the deadly 5G project. See the full fascinating conversation here.

SHUNGITE FAQ's

UNDERSTAND THE MAGIC! SEND US YOUR QUESTIONS
(support@cosmicreality.net)

This Week's Question - How many Smart Stickers do I need?

Once you put the a Smart Sticker over the power box should that not make the whole electrical circuit throughout the house influenced without the need to cover the outlets? I'm thinking the circuit would be a healthy circuit flowing out of the outlets once you put the sticker on the box. It is stated the same goes with the water that if you tape three nuggets circularly around the incoming water pipe, the whole entire water circuit going throughout the house is affected. Yet it is still suggested to put further taped nuggets inside the house. Is that necessary?

Answer: The Smart Sticker will attenuate the house electric circuit. However, every secondary motor requires additional shungite. Your hair dryer, washing machines, dryer, electric stove - all have secondary motors that put out negative fields even if the basic house electric system is bio-compatible. Even when attenuated, there is an unnatural energy field still existing in the form of electro-magnetic waves radiating throughout the house. By adding stickers to the outlets or outlet covers, that EM field works with the Shungite to
intensify the Shungite field throughout the house.

Any electronic device needs an S4 Sticker for the same reason as stated above. Every electronic device acts like a secondary motor.

With water the 3 nuggets create a Shungite field that rotates and energizes water. The system continues to rotate as long as the water is connected to the Shungite field. When you have a valve, like at the toilet, when the valve closes the water is no longer being Shungite-energized and it will eventually loose its spin. Same thing happens when you take water out of the tap, which is why we say to add 3 nuggets to water containers for people and pets.

Tossing Healing Magic to the Winds - How You Can Spread the Shungite Field

_Cosmic Reality_ embarks on a quest to spread the healing power of Shungite across the globe. The most exciting blend of spirit and science one can imagine - and just in time!

In the last issue of *Gaia’s Gift*, we shared with you the news of Cosmic Reality co-founder Derek Condit’s inspiration of an exciting new way to spread the healing dynamic of the Shungite Field around the world. This is, of course, the heart of the Cosmic Reality mission - to bring this remarkable healing gift to the millions who can benefit, as well as to Gaia herself - the living conscious being we know as Mother Earth.

Even as you read this, tainted water is being energized and purified, harmful EMF radiation is being neutralized, and bee colonies around the world are being saved and restored through Shungite’s unique connection to the life-giving Quantum Field.

Now we are taking the quest a step further. Recognizing the growing evidence that even small handfuls of dust or nuggets can have a healing and protective effect on the earth, we invite you to join us in tracking the beautiful expansion of
the Shungite Field across the world - and to toss some magic dust to the wind!

Our **Bucky Bag** of small nuggets is ideal for this purpose - and we have lowered the already modest price to help empower the Grids of Gaia adventure.

And you can watch the expansion day by day...

**HAVE YOU JOINED THE SHUNGITE GRID?**

If you own a piece of Shungite or have gifted one to nature, you are part of the Shungite Grid helping to heal the planet. [Link here](#) to place your point on the Map.

Together, we can watch the Field expand!

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**The Shungite Store**

[www.cosmicreality.net](http://www.cosmicreality.net)

email: support@cosmicreality.net

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